

## Year 11 Curriculum Map – Medium Term Overview

Half term	Topic	Lesson Breakdown	In this unit of work, students learn...
<b>Autumn 1</b> Living in the wider world	<b>Next steps</b> Application processes, and skills for further education, employment and career progression PoS refs: L1, L2, L3, L4, L6, L7, L8, L11,L12, L21	Revisit LMI in relation to career planning including opportunities to challenge stereotypes in careers	<ul style="list-style-type: none"> <li>• how to use feedback constructively when planning for the future</li> <li>• how to set and achieve SMART targets</li> <li>• effective revision techniques and strategies</li> <li>• about options post-16 and career pathways</li> <li>• about application processes, including writing CVs, personal statements and interview technique</li> <li>• how to maximise employability, including managing online presence and taking opportunities to broaden experience</li> <li>• about rights, responsibilities and challenges in relation to working part time whilst studying</li> <li>• how to manage work/life balance</li> </ul>
		Be aware of your responsibilities and rights as a student, trainee or employee for staying healthy and following safe working practices	
		build your personal networks of support	
		show that you can manage financial issues related to your education, training and employment choices	
		be able to research your education, training, apprenticeship, employment and volunteering options	
		review and reflect on previous transitions to help you improve your preparation for future moves in education, training and employment	
<b>Autumn 2</b> Health & wellbeing	<b>Communication in relationships</b> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse PoS refs: H26, H27, H28, H29, R16, R17, R21, R23, R32	Introduction to Revision (Session to share)	about core values and emotions <ul style="list-style-type: none"> <li>• about gender identity, gender expression and sexual orientation</li> <li>• how to communicate assertively</li> <li>• how to communicate wants and needs</li> <li>• how to handle unwanted attention, including online</li> <li>• how to challenge harassment (Inclusion sexual) and stalking, including online and other various forms of relationship abuse (including sexual violence)</li> <li>• about unhealthy, exploitative and abusive relationships</li> <li>• how to access support in abusive relationships</li> <li>• how to evaluate readiness for parenthood and positive parenting qualities</li> <li>• about fertility, including how it varies and changes</li> <li>• about pregnancy, birth and miscarriage</li> <li>• about unplanned pregnancy options, including abortion</li> <li>• about adoption and fostering</li> <li>• how to manage change, loss, grief and bereavement</li> <li>• about ‘honour based’ violence and forced marriage and how to safely access support</li> </ul>
		Time to Revise	
		Time to Revise	
		Unhealthy Relationships	
		Managing Unwanted Attention	
		Reducing inappropriate behaviour	
		Abusive Relationships	
		Consent	
		Sharing Images	
		Time to Revise	
		Time to Revise	
		Time to Revise	
		<b>Spring 1</b> Health & wellbeing	
<b>Spring 2</b> Relationships	<b>Independence</b> Responsible health choices, and safety in independent contexts PoS refs: H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24	First Aid	how to assess and manage risk and safety in new independent situations <ul style="list-style-type: none"> <li>• emergency first aid skills</li> <li>• about the links between lifestyle and some cancers</li> <li>• about the importance of screening and how to perform self examination</li> <li>• about vaccinations and immunisations</li> <li>• about registering with and accessing doctors, sexual health clinics, opticians and other health services</li> <li>• how to manage influences and risks relating to cosmetic and aesthetic body alterations</li> <li>• about blood, organ and stem cell donation</li> </ul>
		What is cancer?	
		Lifestyles and cancer	
		Organ donation 1	
		Organ donation- case histories	
		Movember	
<b>Summer 1</b> Relationships	<b>Building for the future</b> Self-efficacy, stress management, and future opportunities PoS refs: H2, H3, H4, H8, H12, L22	The sleep factor	how to manage the judgement of others and challenge stereotyping <ul style="list-style-type: none"> <li>• how to balance ambition and unrealistic expectations</li> <li>• how to develop self-efficacy, including motivation, perseverance and resilience</li> <li>• how to maintain a healthy self-concept</li> <li>• about the nature, causes and effects of stress</li> <li>• stress management strategies, including maintaining healthy sleep habits</li> <li>• about positive and safe ways to create content online and opportunities this offers</li> <li>• how to balance time online</li> </ul>
		Dealing with change	
		Mental health	
		Mental health	
		Exam stress	
		Body image	