

### Year 10 Curriculum Map – Medium Term Overview

Half term	Topic	Lesson Breakdown	In this unit of work, students learn...
<b>Autumn 1</b> Relationships	<b>Mental health</b> Mental health and ill health, stigma, safeguarding health, including during periods of transition or change PoS refs: H2, H5, H6, H7, H8, H9, H10	KS4 Transition	about relationship values and the role of pleasure in relationships • about myths, assumptions, misconceptions and social norms about sex, gender and relationships • about the opportunities and risks of forming and conducting relationships online • how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours • how to recognise and respond to pressure, coercion and exploitation, including reporting and accessing appropriate support • how to recognise and challenge victim blaming and about asexuality, abstinence and celibacy
		Mental Health and Emotional well-being	
		Signs of emotional or mental ill health	
		Challenging stereotypes and misinformation relation to mental-ill health	
		Strategies – individual and friends	
		Growth Mindset	
<b>Autumn 2</b> Living in the wider world	<b>Life Skills</b> Effective Revision Techniques How to respond to feedback Managing time	Revision Technique Reflection	
		Revision Techniques	
		Getting the most out of the year ahead – linked to feedback	
		Revision in Practice	
		Revision in practice	
		Managing expectations and setting goals	
<b>Spring 1</b> Health & wellbeing	<b>Exploring influence</b> The influence and impact of drugs, gangs, role models and the media PoS refs: H19, H20, H21, R20, R35, R36, R37	The Law (BV)	• how to manage challenges during adolescence • how to reframe negative thinking • strategies to promote mental health and emotional wellbeing • about the signs of emotional or mental ill-health • how to access support and treatment • about the portrayal of mental health in the media • how to challenge stigma, stereotypes and misinformation
		Pressures for teenagers	
		Drugs	
		Alcohol	
		Gang culture	
		Case studies	
<b>Spring 2</b> Health & wellbeing	<b>Healthy relationships</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography PoS refs: R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31	Relationship values	• about positive and negative role models • how to evaluate the influence of role models and become a positive role model for peers
		Challenging myths	
		Online dating/relationships	
		Impact of the media and pornography on sexual attitude	
		Exploitative relationships	
		Managing the end of relationships	
<b>Summer 1</b> Living in the wider world	<b>Career portfolio</b> Developing yourself through careers, employability and enterprise education PoS refs: H25, R38, L16, L17, L18, L19, L20, L25	Recognise the qualities and skills you have demonstrated both in and out of school	• Pupils learn what is important to them re: career plans • Pupils really focus on developing a career plan and develop a digital individualised career/Community award plan/log • how to effectively budget and evaluate savings options • how to prevent and manage debt, including understanding credit rating and pay day lending • how data is generated, collected and shared, and the influence of targeted advertising • how thinking errors, e.g. gambler's fallacy, can increase susceptibility to gambling • strategies for managing influences related to gambling, including online • about the relationship between gambling and debt • about the law and illegal financial activities, including fraud and cybercrime
		Labour Market information	
		Know the importance of digital career profiles and hone in developing and refining profile created in key stage 3.	
		Challenge stereotypes at work	
		Show that you can manage financial issues related to your education, training and employment choices	
		Know structure of business organisations and models	
<b>Summer 2</b> Relationships	<b>Addressing extremism and radicalisation</b> Community cohesion and challenging extremism PoS refs: R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29	Community(BV)	• about communities, inclusion, respect and belonging • about the Equality Act, diversity and values • about how social media may distort, mis-represent or target information in order to influence beliefs and opinions • how to manage conflicting views and misleading information • how to safely challenge discrimination, including online • how to recognise and respond to extremism and radicalisation
		Diversity in Society and the Law (BV)	
		Challenging and preventing discrimination	
		The nature of extremism and radicalisation	
		Effects of extremism on the community	
		Recognising and responding (different levels of response)	